

MOLALLA RIVER ACADEMY



Annual Wreath & Garland Sale

Please use the link below to order your holiday wreaths and garlands!

Delivery will be November 29th & 30th

https://go.rallyup.com/ca22bc

UPCOMING EVENTS

11/2-12 Wreath Sale/Holiday

Shopping Catalog

11/10 Veterans Day-No

School

11/20-21 Parent-Teacher

Conferences--No

School

11/22-24 Thanksgiving Break

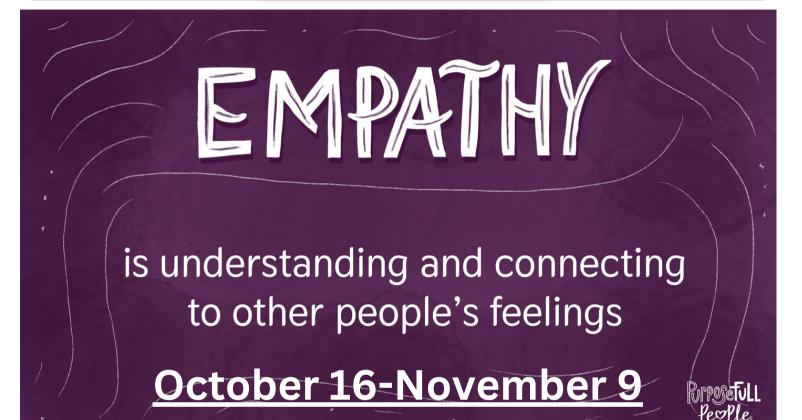
11/29-30 Wreath Pick-Up

Reminder

Please remember candy and other high sugar items are not allowed at MRA. We encourage healthy snacks and lunches be sent to school.



<u>SEL</u> UPDATE



Practicing Empathy

PurposeFull Pursuit:

Review Empathy as a family. Remember that Empathy is understanding and connecting with other people's feelings. Schedule a family movie night so that you can specifically watch for feelings and emotions. Let everyone know that you'd like them to point out how the characters in the show are feeling and that you will pause periodically to discuss Empathy. As emotions are identified, invite one another to Empathize by sharing about a time they felt that way or imagining how they might be feeling in that moment.

Conversation Starters:

How have you practiced using the Tree of Choices at school recently? Why is it important to pay attention to how someone else is feeling?



educational services representative



NOVEMBER 16-17 BEFORE & AFTER SCHOOL

NOVEMBER 20-21 DURING CONFERENCES

CASH, DEBIT/CREDIT CARD OR VENMO ACCEPTED

ONLINE SHOPPING IS ALSO

AVAILABLE

WWW.READGROWCONNECT.COM

MRA Parent Cultivation Team

CO-CHAIRS: AMY WHEELER

BETH JOHNSON

VICE CHAIR: OPEN POSITION TREASURER: OPEN POSITION

SECRETARY: LINDSAY PEMBERTON

PARENT CONNECTIONS: MEGHAN BALES

STAFF SUPPORT COORDINATOR: DAYSHA EGBERT

FUNDRAISING EVENT COORDINATOR:

CHRISTINA LYDY-MILLS

ASSISTANT FUNDRAISING EVENT COORDINATOR:

REBECCA VAN DAMME

PCT@MRA-K8.COM

PCTVICECHAIR@MRA-K8.COM
PCTREASURER@MRA-K8.COM

PCTSECRETARY@MRA-K8.COM

PARENTCONNECTION@MRA-K8.COM

PCTSTAFF@MRA-K8.COM

PCTFUNDRAISING@MRA-K8.COM

PCTASSISTANTFUNDRAISER@MRA-K8.COM

PCT BOARD ROLES AND RESPONSIBILITIES EXPLAINED

NEXT PCT BOARD MEETING

NOVEMBER 17TH @ 10:00 LINK TO JOIN

Enrichment Coordinator

We are looking for an Enrichment Coordinator for the 2023-24 School Year

Hours Vary

\$18.00 per hour

If interested, please email

iquinlan@mra-k8.com

Job Description