



MOLALLA

RIVER ACADEMY



Annual Wreath & Garland Sale

Please use the link below to order your holiday wreaths and garlands!

Delivery will be November 29th & 30th

<https://go.rallyup.com/ca22bc>

UPCOMING EVENTS

- 11/2-12 Wreath Sale/Holiday Shopping Catalog
- 11/10 Veterans Day-No School
- 11/20-21 Parent-Teacher Conferences--No School
- 11/22-24 Thanksgiving Break
- 11/29-30 Wreath Pick-Up

Reminder

Please remember candy and other high sugar items are not allowed at MRA. We encourage healthy snacks and lunches be sent to school.



SEL UPDATE

EMPATHY

is understanding and connecting
to other people's feelings

October 16-November 9

PurposeFull
People

Practicing Empathy.

PurposeFull Pursuit:

Review Empathy as a family. Remember that Empathy is understanding and connecting with other people's feelings. Schedule a family movie night so that you can specifically watch for feelings and emotions. Let everyone know that you'd like them to point out how the characters in the show are feeling and that you will pause periodically to discuss Empathy. As emotions are identified, invite one another to Empathize by sharing about a time they felt that way or imagining how they might be feeling in that moment.

Conversation Starters:

How have you practiced using the Tree of Choices at school recently?

Why is it important to pay attention to how someone else is feeling?



educational services representative



Book Fair

NOVEMBER 16-17
BEFORE & AFTER SCHOOL

NOVEMBER 20-21
DURING CONFERENCES

CASH, DEBIT/CREDIT CARD OR
VENMO ACCEPTED

ONLINE SHOPPING IS ALSO
AVAILABLE

WWW.READGROWCONNECT.COM

MRA Parent Cultivation Team

CO-CHAIRS: AMY WHEELER

BETH JOHNSON

PCT@MRA-K8.COM

VICE CHAIR: OPEN POSITION

PCTVICECHAIR@MRA-K8.COM

TREASURER: OPEN POSITION

PCTTREASURER@MRA-K8.COM

SECRETARY: LINDSAY PEMBERTON

PCTSECRETARY@MRA-K8.COM

PARENT CONNECTIONS: MEGHAN BALES

PARENTCONNECTION@MRA-K8.COM

STAFF SUPPORT COORDINATOR: DAYSHA EGBERT

PCTSTAFF@MRA-K8.COM

FUNDRAISING EVENT COORDINATOR:

CHRISTINA LYDY-MILLS

PCTFUNDRAISING@MRA-K8.COM

ASSISTANT FUNDRAISING EVENT COORDINATOR:

REBECCA VAN DAMME

PCTASSISTANTFUNDRAISER@MRA-K8.COM

[PCT BOARD ROLES AND RESPONSIBILITIES EXPLAINED](#)

[NEXT PCT BOARD MEETING](#)

[NOVEMBER 17TH @ 10:00 LINK TO JOIN](#)

Enrichment Coordinator

**We are looking for an Enrichment Coordinator for the
2023-24 School Year**

Hours Vary

\$18.00 per hour

**If interested, please email
iquinlan@mra-k8.com**

[Job Description](#)